

Heavenly Father, thank you  
for the precious gift of life.

Help us to cherish and protect this gift,  
even in the midst of fear, pain, and suffering.

Give us love for all people,  
especially the most vulnerable,  
and help us bear witness to the truth  
that every life is worth living.

Grant us the humility to accept  
help when we are in need,  
and teach us to be merciful to all.

Through our words and actions,  
may others encounter the  
outstretched hands of Your mercy.  
We ask this through Christ, our Lord.

Amen.